



Indira Gandhi National Open University REGIONAL CENTRE BHOPAL

Practical Counseling Schedule for MSCCFT & PGDCFT Programme TEE June-2026

Venue: IGNOU Regional Centre, Bhopal Plot No. 12 Arera Hills Bhopal, Madhya Pradesh

Practical Counseling (Course Code)	Date	Timing	Topic to be covered (Block/Unit)	Academic Counselors
MCFTL-001 Human Development and Family Relationships- Supervised Practicum	08/08/2026	08.00 AM to 12.00 PM	Part-I Practical-I to Practical 10 Part-II Manual for Supervised Practicum	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
	09/08/2026	08.00 AM to 12.00 PM		Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTL-002 Mental Health and Disorders- Supervised Practicum	10/08/2026	08.00 AM to 12.00 PM	Part-I & Part-II Practicals 1 to 12 and the Tools to be Used Part-III Illustrations of Written Reports of the Practicals Manual for Supervised Practicum	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Tapasya Tomar
		04.00 PM to 08.00 PM		Dr. Tapasya Tomar
	11/08/2026	08.00 AM to 12.00 PM		Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Tapasya Tomar
		04.00 PM to 08.00 PM		Dr. Tapasya Tomar
MCFTL-003 Counselling and Family Therapy: Basic Concepts and Theoretical Perspectives-Supervised Practicum	12/08/2026	08.00 AM to 12.00 PM	Part-I Understanding the Basics Part-II Practicals to be Done (Practicals 1-8) Manual for Supervised Practicum	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
	13/08/2026	08.00 AM to 12.00 PM		Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTL-004 Counselling and Family Therapy: Applied Aspects	14/08/2026	08.00 AM to 12.00 PM	Part-1 Orientational Practical Part- II Family Interviews Manual for Supervised Practicum	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
	15/08/2026	Independence Day Celebration at Regional Centre		
MCFTL-004 Counselling and Family Therapy: Applied Aspects	16/08/2026	08.00 AM to 12.00 PM	Part-1 Orientational Practical Part- II Family Interviews and Internal Evaluation & Practicum files submission	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra

Important points

- Attendance (as per University rules) is compulsory for laboratory course work.
- Please keep your identity card and hall ticket with you whenever you visit any IGNOU Study Centre/Regional Centre.
- You will have to submit the practicum file on the last day of the counselling session.

With Best Wishes

Dr. Smriti Gargava
(Regional Director)
IGNOU Regional Centre, Bhopal

Dr. U. C. Pandey
(Senior Regional Director & Head)
IGNOU Regional Centre, Bhopal



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MCFTL-006 Applied Social Psychology-	17/08/2026	08.00 AM to 12.00 PM	Practical 1 Understanding Karma Practical 2 Understanding Parent-Child Relationship Practical 3 Understanding Workplace Impact on Life Practical 4 Interaction with People Practical 5 Understanding Interpersonal Communication Practical 6 Understanding Human Sexuality	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
	18/08/2026	08.00 AM to 12.00 PM		Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTL-007 Counselling and Family Therapy: Applications and Interventions	19/08/2026	08.00 AM to 12.00 PM	Practical 1 Resolving the Hypothetical Case Records Practical 2 Formulating an ABC Chart for Behavioural Problems Practical 3 Understanding Marital Relationships Practical 4 Applications of Yoga Therapy Practical 5 Understanding Impact of Chronic Illness Practical 6 Understanding Concerns of Family Having a Child with Disability	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
	20/08/2026	08.00 AM to 12.00 PM		Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTE-004 Marital and Family Therapy and Counseling	21/08/2026	08.00 AM to 12.00 PM	<u>Part I</u> : Understanding the Basics Basic Unit 1 : Unit 2 : Unit 3 : <u>Part II</u> : Practicals to be Done (Practicals 1-5)	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTE-005 Child and Adolescent Counselling and Family therapy	22/08/2026	08.00 AM to 12.00 PM	<u>Part I</u> : Understanding the Basics Basic Unit 1 : Unit 2 : Unit 3 : Unit 4 : <u>Part II</u> : Practicals to be Done (Practicals 1-5)	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra
MCFTE-006 Substance Abuse Counselling and Family Therapy	23/08/2026	08.00 AM to 12.00 PM	Part I : Understanding the Basics Basic Unit 1 : Basic Unit 2 : Basic Unit 3 : Part II : Practicals to be Done (Practicals 1-5) Internal Evaluation & Practicum files submission	Dr. K. N. Tripathi
		12.00 PM to 04.00 PM		Dr. Divya Mishra
		04.00 PM to 08.00 PM		Dr. Divya Mishra

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